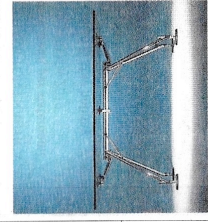




From previous page
Its curved metal arms coated simply in industrial-grade polyurethane enamel eventually coalesce in the light-tech movement.
In fact, Foster first encountered Borsani in 1985 when Tencio pitched to develop the Villa Borstan, the first multi-story apartment building in Milan. The Norms, designed by Foster, were the first to be built in a modular fashion, eventually coalescing in the light-tech movement.
"There are several parallel themes running through the exhibition but, for me, one of the most important is the nobility and the making of something well," says Foster, who curated the exhibition with Borsani's grandson Tommaso Fantoni.

Oswaldo Borsani was appointed to his father's furniture workshop in 1943. By 22 Milan Polytechnic College and quickly came under the influence of the early modernists Le Corbusier, Walter Gropius and Mies van der Rohe.
"I don't believe this career, his work would betray the double influence of his artisanal background and the fascination with modern production.
Not least in the beautiful villas he would design for the Milanese haute bourgeoisie, through which Tullio Sottsass would sweep in Lucio Colletti's 2010 masterpiece, *I Am Love*. **EW**

Need to know
Oswaldo Borsani Exhibition
at the Triennale in Milan until September 15.

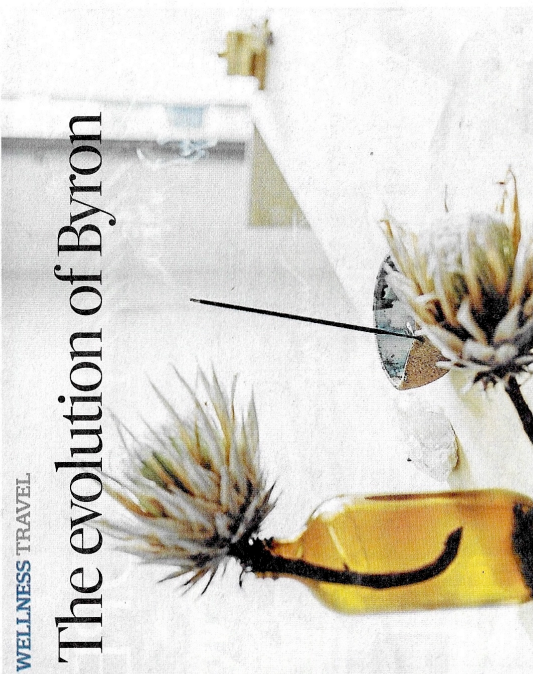


TRAVELLER

Joe Chindamo
pianist and composer

First, business or economy? Economy. I'm an artist after all. OK, that's not selling class notes to Europe a few times. On such occasions, I always order a martini. I have to tell you why, since I never drink the stuff at any other time.
How did you get into music? New York. I was lucky enough to be taken under the wing of a great pianist, the late jazz club with American drummer Billy Cobham in 1959 and Carl Gustav Zeller in 2015. I've always been fascinated by this city's vibrancy and sense of expectation.
Favourite airport? Singapore. Usually, it's the first opportunity to stretch my legs.
If you're on your own, would you...? Allow, poolside on board. I'd also ban reclining seats.

AFT



The evolution of Byron

A new breed of entrepreneurs has set up haute health businesses in the once hippy haven, writes Georgina Safe
entrepreneurs in town; young businesspeople, fitness gurus and health coaches are flocking to the coastal town of Byron Bay, Australia's capital cities for a true change, a sea change or a healthy mix of both.
Designed yoga and pilates studios, haute health businesses, high-end organic food stores, and boutique hotels are popping up faster than you can say yamamse – transforming the town into one of the world's ultimate wellness destinations.
Byron has evolved into a mecca for all health and wellness enthusiasts, and the town is now a hotbed of high-end, personalised recommendations for their guests. For my wellness needs, she's organised a private guided meditation session in my room with a Shamanic guide, a private meditation and yoga session in a magical forest filled with animals, light and trees. It's surprisingly effective. Not only do I feel an enormous sense of release, I inexplicably burst into tears.
Later in the day, I was surprised to see Emma Seibold's brand, Byron, established after she moved to nearby Mullumbimby 2½ years ago with her husband and their two children.

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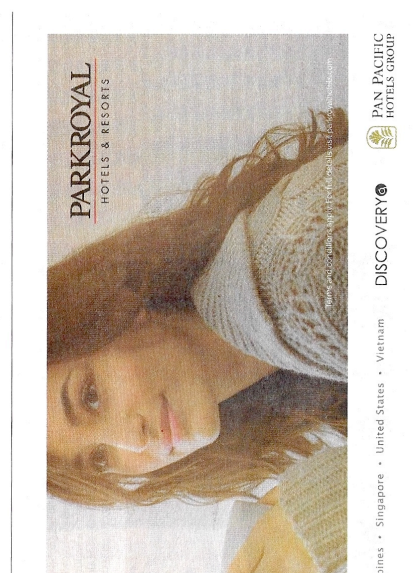
Cure for jet lag? I pretend it doesn't exist. **Other travel tips?** A friend gave me some advice I'll heed one day. Pack as you would for the move home half of the contents, then half again.
Is there anywhere you'd recommend? The Amalfi Coast is a must. Also, the walk through the five towns of the Cinque Terre. It's only nourishes the soul.
Best overseas purchase? I used to come home with the most classical records, 20 LPs each time. It was so exciting discovering these treasures in those tiny shops. I'd love to see you do anything but narrow, thanks to YouTube.
Best travel tale? There is an old music pub. A man asks: How do I get to Carnegie Hall? The answer is of course, New York in 2015. I'd ask someone for directions to the fabled hall, and when the well-worn answer came, I couldn't turn the purchase by selling this person the opportunity to get to know oneself.

Where would you go with an unlimited budget? I'd go to the Maldives. I've been there and it's just what I need. I've been to Bali, but I'd like to go to the US, record an album and then see the world. I'd love to see the world with my wife and two kids.
Worst place you've been to? Detroit. During a tour of the US in the early '90s, I decided to go for a walk one afternoon in Detroit. After a while I lost my bearings and I'm nostalgically challenged at the best of times and had no idea where I was. I could not remember the name of the town, I panicked because the streets were empty. It was the only time in my life I ever felt unsafe wandering the streets in daylight. Eventually, I managed to find my way out.
Best trip ever? After hearing me play in Melbourne in 1989, Billy Cobham phoned me at Sam from Switzerland to ask if I'd like to go to the US, record an album and then see the world. I'd love to see the world with my wife and two kids.
How do you see the next 10 years? I'd like to see more of the world, to see the world with my wife and two kids.
Who would you most like to travel with and why? I'd like to travel with my daughter. It would give us time to talk.



Ideas to break the five-minute pattern and take a slightly longer drive to the nearby township of Newbar.
Harvest is a destination restaurant that is truly worth the trip. Its fresh and seasonal food exceeds the expectations of the food researcher. Peter Hancock, who sources native ingredients for the restaurant's kitchen, wood-fired smoker and in-house bakery.
A browse afterwards at Newbar's boutique gift shop is a must. The shop is from the likes of Spills Court. The Society and Shannon Frick, completes a perfect afternoon excursion. But in Byron Bay it's time to make the trek to Crystal Castle & Spa.
It's worth a hike for the extraordinary drive up the hills, but when you throw in the world's two largest crystals – a 5.5-metre-high smoky quartz estimated to be 190 metres wide – it turns into something else altogether. Princess Mary of Denmark, Chris Hemsworth and Katy Perry have all made the pilgrimage.
On my final day in Byron I take an afternoon drive to the coast. As a doubt about sitting naked for half an hour in a wooden box heated to 85 degrees, but it feels amazing. A staff member tells me some people use the time to watch Netflix or read a book. I'm not sure if that's the point – although there is no doping like rather warm. I emerge a little spiced, but beautifully calm and re-energised.
In short, in the perfect state to leave Byron (with that condition, of course). **EW**

The writer was a guest of Elements of Byron and Rae's on Wategoes.



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